This degree has been designed to provide students an introduction to social and/or psychological theory, multicultural theory, and Psychology-Counseling skills needed to work as a service provider in a social service setting. Students may follow either the AA or AS General Education pattern, as desired.

<table>
<thead>
<tr>
<th>FRESHMAN YEAR</th>
<th>FALL</th>
<th>SPRING</th>
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<tbody>
<tr>
<td>Psychology 1 (General Psychology)</td>
<td>OR</td>
<td>Sociology 1 (Principles of Sociology)</td>
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<tr>
<td>Psychology-Counseling 1</td>
<td>(Introduction to Psychology-Counseling in a Multi-Cultural Environment)</td>
<td>OR</td>
</tr>
<tr>
<td>Self Assessment/Self Reflection Course(s)*</td>
<td>3</td>
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<tr>
<td>Option Course**</td>
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<th>SOPHOMORE YEAR</th>
<th>FALL</th>
<th>SPRING</th>
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<tbody>
<tr>
<td>Psychology 2 (Introduction to Psychological Methodology)</td>
<td>OR</td>
<td>Psychology 3 (Social Psychology)</td>
</tr>
<tr>
<td>OR</td>
<td>Sociology 2 (Social Problems)</td>
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<tr>
<td>Psychology-Counseling 4 (Multiethnic / Cultural Communication)</td>
<td>OR</td>
<td>Speech 11</td>
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<tr>
<td>(Intercultural Communication)</td>
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<tr>
<td>Psychology-Counseling 2 (Introduction to Case Management for Human Services)</td>
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<tr>
<td>Psychology-Counseling 11</td>
<td>(Interpersonal Relationships)</td>
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<tr>
<td>Psychology-Counseling 13 (Multicultural Issues in Contemporary America)</td>
<td>3</td>
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<td>Psychology-Counseling 80 (Occupational Community Service in Human Services)</td>
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<td>Total</td>
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**GENERAL EDUCATION COURSES FOR A.A. DEGREE**……………………………………25
For specific A.A. General Education courses refer to catalog section on A.A. Graduation Requirements.

Total minimum units required………………………………………………………………….60

**GENERAL EDUCATION COURSES FOR A.S. DEGREE**……………………………………19
For specific A.S. General Education courses refer to catalog section on A.S. Graduation Requirements.

General Education Courses (Areas A-E)………………………………………16
Human Services GE Requirement………………………………………………….3

Complete a minimum of 3 units from:

- PSCN 1 (Introduction to Psych-Co. in a Multi-Cultural Environment)….3
- PSCN 4 (Multiethnic / Cultural Communication)……………………3
- PSCN 13 (Multicultural Issues in Contemporary America)……………3

Total minimum units required………………………………………………………………….60
* Select a total of 3 units from the following Self Assessment/Self Reflection Courses:
  Psychology-Counseling 10 (Career and Educational Planning) .................................................. 2 units
  Psychology-Counseling 12 (Self-Esteem for Success) ................................................................. 2 units
  Psychology-Counseling 15 (College Study Skills) ........................................................................ 2 units
  Psychology-Counseling 20 (College Experience)-effective Fall 2006 ........................................... 2 units
  Psychology-Counseling 26 (College Success and The Chicano Experience) ............................. 1 unit
  Psychology-Counseling 36 (Women in Transition) ..................................................................... 1 unit

** Select a total of 3 units from the following Options Courses:
  Anthropology 3 (Social and Cultural Anthropology) ................................................................. (3 units)
  Anthropology 5 (Cultures of the U.S.: Anthropological Perspectives on Race, Class, Gender and Ethnicity) ................................................................. (3 units)
  Early Childhood Development 60 (Introduction to the Young Child With Exceptional Needs) ................................................................. (3 units)
  English 21 (The Evolution of the Black Writer) ............................................................................ (3 units)
  English 22 (Mexican American/Latino Literature of the U.S.) .................................................... (3 units)
  English 32 (U.S. Women's Literature) .......................................................................................... (3 units)
  English 38 (Survey of Modern British Literature) ...................................................................... (3 units)
  Ethnic Studies 1 (Introduction to Ethnic Studies)-effective Fall 2008 ..................................... (3 units)
  Ethnic Studies 2 (Contemporary Ethnic Minority Families in the U.S.)-effective Fall 2008 .......... (3 units)
  Ethnic Studies 3 (Introduction to Muslim-American Studies)-effective Fall 2008 ..................... (3 units)
  Foreign Language 1A (Beginning Foreign Language) ............................................................... (5 units)
  Health 4 (Women and Health) ....................................................................................................... (3 units)
  Health 8 (Human Sexuality)-same as Psychology 8 and Sociology 8 ....................................... (3 units)
  Music 5 (American Cultures in Music) ............................................................................................ (3 units)
  Psychology 6 (Abnormal Psychology) .......................................................................................... (3 units)
  Psychology 8 (Human Sexuality)-same as Health 8 and Sociology 8 ....................................... (3 units)
  Psychology 12 (Life Span Psychology) .......................................................................................... (3 units)
  Psychology 18 (Psychology of the African-American Experience) ........................................... (3 units)
  Religious Studies 50 (Religions of the World)-effective Fall 2008 ............................................. (3 units)
  Religious Studies 70 (Spiritual Traditions and Contemporary Voices)-effective Fall 2008 ........... (3 units)
  Sign Language 64 (ASL Beginning Sign Language) ................................................................. (3 units)
  Sign Language 65 (ASL Intermediate Sign Language) ............................................................... (3 units)
  Sociology 3 (American Cultural and Racial Minorities) ............................................................... (3 units)
  Sociology 4 (Marriage and Family Relations) ............................................................................... (3 units)
  Sociology 8 (Human Sexuality)-same as Health 8 and Psychology 8 ....................................... (3 units)
  Sociology 10 (Introduction to Asian-American Studies) ............................................................. (3 units)
  Sociology 30 (Social Gerontology) .............................................................................................. (3 units)
  Sociology 31 (Dependency in Old Age) ....................................................................................... (3 units)
  Sociology 32 (Social Policy, Programs and Services for Elders) .................................................. (2 units)