 HELP IS AVAILABLE

Chabot’s goal is to cultivate a campus culture that empowers students and others to take a stand against these violent crimes.


A FEW FACTS

• About 1 in 5 undergraduate women are sexually assaulted while on campus.

• In a nationally representative survey of adults, 37.4% of female rape victims were first raped between ages 18-24.

• In a study of undergraduate women, 19% experienced attempted or completed sexual assault since entering college.

• There is physical violence in 1/3 of all dating relationships.

• 1 out of every 6 women will be sexually assaulted in their lifetime.

• 1 out of every 33 men will be sexually assaulted in their lifetime.

Title IX Sexual Assault & Violence Prevention Training

Step 1: Log on to the Student Success™ Not Anymore program at: https://www.studentsuccess.org/CODE/chabot

Step 2: Under “New Users” enter the following Access Code: 142422
What is Sexual Assault?

Sexual Assault is a crime and will not be tolerated at Chabot College. Sexual Assault is compelling by force, or threat of force, the following: sexual penetration of the vagina or anus, including by an object; oral sex; or contact with a person’s genital area, groin, anus, inner thighs, buttocks or breasts for the purpose of sexual gratification of the actor or for the purpose of degrading or humiliating the victim. Sexual assault is also intentionally subjecting another to such contact without consent. Sexual assault is unwanted sexual contact. Any person can be a victim or a perpetrator. Examples of sexual assault include: rape, attempted rape, intentional touching, without consent, of a person’s genital area, groin, anus, inner thighs, buttocks or breasts for sexual gratification or to degrade the victim.

What is Interpersonal Violence?

It is very important to understand what interpersonal violence is so that we can identify it when it occurs. Many times we think we know what it is and how it happens but in reality our understanding of interpersonal violence may not be accurate. Interpersonal violence is the use of physical force involving relations between persons (more than one individual), stalking, and communications between persons if those communications are obscene, defamatory, intended to incite immediate physical violence or seriously threaten physical violence. Examples of interpersonal violence include: rape, domestic or family violence involving physical force, stalking, texting that contains obscene material, and online communications that contain serious threats of physical violence.

Definition of Terms

**Rape** is forced sexual intercourse, including vaginal, anal or oral penetration. Penetration may be by a body part or an object. Rape victims may be forced through threats or physical means. In about 8 out of 10 rapes, no weapon is used other than physical force. Anyone may be a victim of rape: women, men or children, straight or gay.

**Rape** is defined as asexual intercourse that is perpetrated against the will of the victim or without the victim’s consent. This definition applies whether the assailant is a stranger to or is known by the victim.
**Sexual Assault** is further defined as sexual contact against the will of the victim or without consent. Sexual assault may include the following forms of contact:

- Intentional touching, either of the victim or when the victim is forced to touch directly or through clothing, another person’s genitals, breasts, groin, or buttocks
- Attempted rape
- Sodomy (oral sex or anal intercourse)
- Sexual penetration with an object
- Lack of consent exists when one or more of the following factors are present:
  - Force
  - Intimidation or threat
  - Temporary or permanent mental incapacity on the part of the victim
  - Temporary or permanent physical helplessness on the part of the victim
  - Incapacity to consent due to the youth of the victim
- Rape and sexual assault are acts of violence.

**Intimate Partner Violence (IPV)** is a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. It is also may be called domestic violence, partner abuse, or relationship violence.

**Abuse** is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

**Domestic Violence** can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen to couples who are married, living together or who are dating. Domestic violence affects people of all socioeconomic backgrounds and education levels.

This definitions and terms booklet is to be used with the Title IX NOT ANYMORE Sexual Assault and Violence Prevention On-line Training Chabot provides to our campus community. If you have any questions, please feel free to contact Debbie Trigg, Dean of Counseling at: (510) 723-6717
**Stalking** is a pattern of behavior that makes you feel afraid, nervous, harassed, or in danger. It is when someone repeatedly contacts you, follows you, sends you things, talks to you when you don’t want them to, or threatens you.

You can be stalked by someone you know casually, a current boyfriend or girlfriend, someone you dated in the past, or a stranger.

Stalking is a crime and can be dangerous.

- The term “stalking” means engaging in a course of conduct directed at a specific person that would cause a reasonable person to:
  (a) Fear for his or her safety or the safety of others; or
  (b) Suffer substantial emotional distress

**Dating Violence** means violence committed by a person:

(a) who has been in a social relationship of a romantic or intimate nature with the victim:
  and
(b) where the existence of such a relationship shall be determined based on a consideration of the following factors:
  (i) The Length of the relationship
  (ii) The type of relationship
  (iii) The frequency of interaction between the persons involved in the relationship

**Non-forcible Sex Offense**
- Defined as unlawful, non-forcible sexual intercourse
- Incest is non-forcible sexual intercourse between persons who are related to each other within the degrees wherein marriage is prohibited by law
- Statutory Rape is non-forcible sexual intercourse with a person who is under the statutory age of consent

**Forcible Sex Offense**
- Any sexual act directed against another person, forcibly and/or against that person’s will
- Or not forcibly or against the person’s will where victim is incapable of giving consent