

**Review of Study Techniques**

**Directions:** Rate your study habits on the form below and total your score when completed.  
Code: 1 = Never, 2 = Sometimes, 3 = Always

		1	2	3
1	Do you read some of the text before the first session of the class?			
2	Do you study hardest the first 2 weeks of a class?			
3	Do you have a consistent place to study?			
4	Do you have consistently scheduled study times?			
5	Do you study mostly during the day?			
6	Do you study in many short sessions rather than cramming?			
7	Do you consistently use study aids such as test files, study guides or practice sessions?			
8	Do you preview or survey chapters before reading them?			
9	Do you read information in a text at least twice?			
10	Do you review the information in a text chapter immediately after you have finished it?			
11	Do you highlight or take notes when reading texts?			
12	Do you ask yourself critical questions as you read?			
13	Do you read the assigned material prior to class?			
14	Do you regularly come to class early/on time?			
15	Do you take notes in lecture classes?			
16	Do you compare or review your notes after class?			
17	Can you tell the difference between a well-organized and disorganized lecture?			
18	Can you recognize key points when they are made in lecture?			
19	Do you have a folder system to organize your notes for each class?			
20	Do you set study goals and stick to them?			
<b>Total each column</b>				
<b>Grand Total</b>				

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**Breakdown of Scores for Review of Study Techniques**

<b>51 – 60</b>	Your study skills are <b><i>Excellent</i></b> . You should consider becoming a peer mentor.
<b>41 - 50</b>	Your study skills are <b><i>Good</i></b> but could use some improvement in some areas. Use the guide to tell you which ones to improve.
<b>31 - 40</b>	Your study skills are currently <b><i>Weak</i></b> and require some improvement in several areas. Use the guide to tell you which areas need improvement.
<b>21 - 30</b>	Your study skills are <b><i>Extremely Weak</i></b> . Consider extra work and revision of your current habits to improve all areas. Seek assistance with Study Skills.