The Associate in Arts in Liberal Arts Degree is designed for students who wish a broad knowledge of liberal arts and sciences plus additional coursework in an “Area of Emphasis”. The Associate in Arts in Liberal Arts Degree may be an ideal choice for those students planning on transferring to the California State University or University of California as the student can satisfy their general education requirements, plus focus on transferable courses relating to majors at CSU or UC.

- Choose either OPTION I or II or III for the General Education pattern related to the educational goal.
- Complete 18 units in one “Area of Emphasis” from those outlined on the reverse side. (Note: When appropriate, course(s) in the “Area of Emphasis” can be used (“double counted”) to satisfy GE requirements. ) Only one AA Degree in Liberal Arts may be earned.
- For ALL OPTIONS: complete necessary Chabot Graduation and Proficiency requirements. (See appropriate pages in the Chabot Catalog or Class Schedule.)
- Courses from other colleges need to satisfy CSU/GE or IGETC requirements, or satisfy a similar GE area at the transfer college, or satisfy the Area of Emphasis criteria. (See a counselor or the Articulation Officer for assistance.)
- All courses listed on the reverse side transfer to CSU. Courses in BOLD are also transferable to UC. Refer to www.assist.org for transfer details.
- Complete 60 degree applicable units overall. Options II and III will require 60 CSU (Option II) or UC (Option III) transferable units to meet transfer requirements.

BEGIN by selecting one of the General Education options below. See a counselor if you need additional explanations about which pattern will fit your personal academic objectives.

**OPTION I. LIBERAL ARTS – Associate in Arts**

Chabot General Education, Graduation and Proficiency requirements.  
(See Chabot Catalog)  
**GE UNITS**  
26

**OPTION II. LIBERAL ARTS – CSU/GE General Education Breadth**

This option is designed for students planning to transfer to one of the California State Universities (CSU). Minimum units necessary to meet CSU/GE Certification requirements.  
Complete Chabot Graduation and Proficiency requirements, (See Chabot Catalog)  
**GE UNITS**  
33-39

**OPTION III. LIBERAL ARTS – IGETC**

This option is designed for students planning to transfer to a UC or CSU university. Minimum units necessary to meet IGETC Certification requirements.  
Complete Chabot Graduation and Proficiency requirements, (See Chabot Catalog)  
**GE UNITS**  
34-37

NEXT select one of the AREAS of EMPHASIS. See a counselor if you need additional explanations about which pattern will fit your personal academic objectives.

**AREAS OF EMPHASIS 1-5 (listed on reverse side)**

- 18 units required from one Area of Emphasis listed on the reverse side.
- When appropriate, course(s) in the Area of Emphasis can be used (“double counted”) to fulfill GE areas.
- For depth, include a minimum of two courses from a single discipline; for breadth, include courses from at least two disciplines.
- All courses listed below transfer to CSU, courses in BOLD also transfer to UC.
- Courses from other colleges need to satisfy CSU/GE or IGETC requirements, or satisfy a similar GE area at the transfer college, or satisfy the Area of Emphasis criteria.

**ELECTIVE UNITS**

Electives may be necessary to total 60 overall units required for the Associate Degree. Note: Options II and III will require 60 CSU (Option II) or 60 UC (Option III) transferable units to meet transfer requirements. See a counselor for assistance.
EMPHASIS 1 - ARTS & HUMANITIES: Select a minimum of 18 units from the following Arts & Humanities courses. For depth, include a minimum of two courses from a single discipline; for breadth, include courses from at least two disciplines. Courses can be counted toward completion of General Education requirements as appropriate.

These courses emphasize the study of cultural, literary, humanistic activities and artistic expression of human beings. Students will evaluate and interpret the ways in which people through the ages in different cultures have responded to themselves and the world around them in artistic and cultural creation. Students will also learn to value aesthetic understanding and incorporate these concepts when constructing value judgments.

Art 2AB, 3ABCD, 7ABCD, 12ABCD, 13ABCD, 16ABCD, 17AB, 18AB, 21, 20, 22, 23, 24, Art History 1, 4, 5, 6, 7, 20, 51
Chinese 1AB
English 11AB, 12AB, 13AB, 20, 21, 22, 24, 25, 26, 28, 30, 31, 32, 33, 38, 45, 48
French 1AB, 2AB
General Studies 31
German 1AB, 2AB
History 1, 2, 3, 4
Humanities 50, 60, 65, 68, 72
Italian 1AB, 2AB
Japanese 1AB
Music (MUSL) 1, 2ABCD, 3, 4, 5, 6, 8; (MUSP) 12, 13, 14AB, 15, 16, 18, 41, 44, 45, 47; (MUSA) 11, 20AB, 21AB, 22AB, 23AB, 24AB, 42AB
Philosophy 50, 60, 65, 70
Photography 20, 50, 60, 61, 64A, 65, 66
Religious Studies 50, 64, 65, 72
Sign Language 64, 65, 66
Spanish 1AB, 2AB
Theater Arts 1, 2, 4, 5, 7, 6, 8, 10, 11, 12, 16ABCD, 20ABCD, 30ABCD, 47ABCD, 48ABCD, 50ABCD

EMPHASIS 2 - COMMUNICATION IN THE ENGLISH LANGUAGE: Select a minimum of 18 units from the following Communication in the English Language courses. For depth, include a minimum of two courses from a single discipline; for breadth, include courses from at least two disciplines. Courses can be counted toward completion of General Education requirements as appropriate.

These courses emphasize the content of communication as well as the form and should provide an understanding of the psychological basis and social significance of communication. Students will be able to assess communication as the process of human symbolic interaction. Students will also develop skills in the areas of reasoning and advocacy, organization, accuracy, reading and listening effectively. Students will be able to integrate important concepts of critical thinking as related to the development of analysis, critical evaluation, to reason inductively and deductively that will enable them to make important decisions regarding their own lives and society at large.

Communication Studies 1, 2AB, 6, 10, 11, 20, 30, 46, 50
English 4, 7, 11, 12, 13, 70
History 5
Mass Communications 1, 3, 14, 42
Philosophy 60, 65, 70
Psychology-Counseling 4
EMPHASIS 3 - SOCIAL & BEHAVIORAL SCIENCES: Select a minimum of 18 units from the following Social & Behavioral Science courses. For depth, include a minimum of two courses from a single discipline; for breadth, include courses from at least two disciplines. Courses can be counted toward completion of General Education requirements as appropriate.

These courses emphasize the perspective, concepts, theories and methodologies of the disciplines typically found in the vast variety of disciplines that comprise study in the Social and Behavioral Sciences. Students will study about themselves and others as members of a larger society. Topics and discussion to stimulate critical thinking about ways people have acted in response to their societies will allow students to evaluate how societies and social subgroups operate.

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>Administration of Justice</td>
<td>45, 50, 60, 70</td>
</tr>
<tr>
<td>Anthropology</td>
<td>1, 2, 3, 4, 5, 7, 8, 12, 13</td>
</tr>
<tr>
<td>Business</td>
<td>10, 12, 17, 36</td>
</tr>
<tr>
<td>Communication Studies</td>
<td>11</td>
</tr>
<tr>
<td>Early Childhood Development</td>
<td>52, 56, 67</td>
</tr>
<tr>
<td>Economics</td>
<td>1, 2, 5, 10, 12</td>
</tr>
<tr>
<td>Ethnic Studies</td>
<td>1, 2, 3</td>
</tr>
<tr>
<td>Geography (exclude physical geog)</td>
<td>2, 3, 5, 10, 12, 20</td>
</tr>
<tr>
<td>General Studies</td>
<td>31</td>
</tr>
<tr>
<td>Health</td>
<td>8</td>
</tr>
<tr>
<td>History</td>
<td>1, 2, 3, 4, 7, 8, 12, 19, 20, 21, 22, 25, 27</td>
</tr>
<tr>
<td>Mass Communications</td>
<td>40, 41</td>
</tr>
<tr>
<td>Political Science</td>
<td>1, 12, 10, 20, 25, 30, 45</td>
</tr>
<tr>
<td>Psychology</td>
<td>1, 2, 3, 6, 8, 12, 33, 45</td>
</tr>
<tr>
<td>Psychology-Counseling</td>
<td>1, 4, 13</td>
</tr>
<tr>
<td>Sociology</td>
<td>1, 2, 3, 4, 5, 6, 8, 10, 30</td>
</tr>
</tbody>
</table>

EMPHASIS 4 - MATH & SCIENCE: Select a minimum of 18 units from the following Math & Science courses. For depth, include a minimum of two courses from a single discipline; for breadth, include courses from at least two disciplines. Courses can be counted toward completion of General Education requirements as appropriate.

These courses emphasize the natural sciences which examine the physical universe, its life forms and its natural phenomena. Courses in Math emphasize the development of mathematical and quantitative reasoning skills beyond the level of intermediate algebra. Students will be able to demonstrate an understanding of the methodologies of science as investigative tools. Students will also examine the influence that the acquisition of scientific knowledge has on the development of the world’s civilizations.

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy</td>
<td>1</td>
</tr>
<tr>
<td>Anthropology</td>
<td>1, 1L, 13</td>
</tr>
<tr>
<td>Astronomy</td>
<td>10, 20, 30 (Lab)</td>
</tr>
<tr>
<td>Biology</td>
<td>2, 4, 6, 10, 25, 31, 50</td>
</tr>
<tr>
<td>Biotechnology</td>
<td>20, 30</td>
</tr>
<tr>
<td>Chemistry</td>
<td>1AB, 8, 10, 12AB, 30AB, 31</td>
</tr>
<tr>
<td>Environmental Science</td>
<td>10, 11</td>
</tr>
<tr>
<td>Geography (excluding cultural studies)</td>
<td>1, 1L, 8</td>
</tr>
<tr>
<td>Mathematics</td>
<td>1, 2, 3, 4, 6, 8, 15, 16, 20, 31, 33, 35, 36, 37, 40, 43</td>
</tr>
<tr>
<td>Microbiology</td>
<td>1</td>
</tr>
<tr>
<td>Physical Science</td>
<td>15</td>
</tr>
<tr>
<td>Physics</td>
<td>2AB, 4AB, 5, 11</td>
</tr>
<tr>
<td>Physiology</td>
<td>1</td>
</tr>
<tr>
<td>Psychology</td>
<td>5</td>
</tr>
</tbody>
</table>
Emphasis 5: KINESIOLOGY AND WELLNESS Select a minimum of 18 units from the following three Kinesiology and Wellness Clusters. Cluster 1: (6 units), Cluster 2: (3 units), Cluster 3: (3 units) and an additional 3 units chosen from Clusters 1, 2 or 3 for a total of 18 units. For depth, include a minimum of two courses from a single discipline; for breadth, include courses from at least two disciplines. When appropriate, courses can also be counted toward completion of General Education requirements as appropriate.

These courses emphasize study in the disciplines that comprise Kinesiology and Wellness. This Area of Emphasis provides the student with an understanding of physical education, health promotion and the mechanics of human bodily movement. In addition to the foundational physical education and movement courses, students will also examine Kinesiology and Wellness from scientific, nutritional and behavioral development as well as those elements that are included in the diversity cluster.

Cluster 1 Physical Education and Movement 6 units
(Minimum 6 units selected from the following)
Health 60, 61
Kinesiology 1, 2, 3BB, 5, 12BK, 16, 17 (unit limits on UC transfer)

Cluster 2 Scientific and Nutrition Background 3 units
(Minimum 3 units selected from the following)
Anatomy
Biology 10, 31, 50
Chemistry 10, 30A, 30B
Health 1 (unit limits on UC transfer with KINE 14)
Kinesiology 14 unit limits on UC transfer with HLTH 1)
Microbiology
Nutrition 1
Physiology 1
Physics 11, 2A, 2B

Cluster 3 Behavioral Development and Diversity 3 units
(Minimum 3 units selected from the following)
Health/Sociology/Psychology 8
Kinesiology CSA
Psychology-Counseling 1, 10, 22
Psychology 1, 2, 12
Sociology 1, 3

Plus additional units taken from any courses in Clusters 1, 2 or 3 above for a total of at least 18 units.

Strongly Recommended: Students who are getting the AA degree with an emphasis in Kinesiology and Wellness are encouraged to take a minimum of three activity courses in at least three different PE areas: Aquatics, Fitness, Individual Sports, Teams Sports and Dance