What is a FIPSE Program

The Fund for the Improvement of Postsecondary Education (FIPSE) is a U.S. Department of Education grant awarded to Chabot College to administer a program specifically to work with displaced, adult, or otherwise unemployed workers.

- Support is provided, above and beyond general student support services, for SHIFT program participants to plan and complete education and training goals.
- Opportunities are provided for participants to utilize an expansive variety of support services on the campus.
- The college has instructional programs that provide the opportunity to complete general education, earn a certificate, and courses required to earn an Associate degree as well as courses required for university transfer.

SHIFT Program participants are assigned Counselors who assist them in planning important “next steps” towards their education, training and employment goals.

When Change Happens...

Shift

SHIFT Program Coordinator
ValJeán Dale, LMFT
510-723-6615
Email: vdale@chabotcollege.edu
Counseling Division
Building 700 – 2nd floor
Room 753 Q
www.chabotcollege.edu/tecs

Chabot College
25555 Hesperian Blvd.
Hayward CA, 94545
Let us help you decide your next steps... as you SHIFT your thinking towards your new options and solutions....

Chabot College is a learning-centered institution with a culture of thoughtfulness and academic excellence, committed to creating a vibrant community of life-long learners.

We are a public comprehensive community college that prepares students to succeed in their education, progress in the workplace, and engage in the civic and cultural life of the global community. The college furthers student learning and responds to the educational needs of our local population and economy.

There are hundreds of classes, 65 vocational and business training certificate programs and 40 Associate Degree (AA/AS) programs available at Chabot. Your assigned Counselor will assist you in determining the best plan to meet your needs and goals.

The college serves as an educational leader, contributing its resources to the intellectual, cultural, physical, and economic vitality of the region. Recognizing that learning is a life-long journey, the college provides opportunities for the intellectual enrichment and physical well-being of all community members who can benefit.

SHIFT Program & Services:

- **Academic Counseling & Planning**
  -- Individual meetings with your assigned professional Academic Counselor/Advisor
  -- Your Student Education Plan will be developed based on your interests and goals.

- **Professional Employment Portfolio Development**
  includes Personal:
  - Education Plan
  - Interview/Day Planner
  - Assessment results
  - Resume & Cover Letters
  - Professional References

- **Education and Training Classes**
  -- Assistance in class selection and registration for classes (on-campus, distance/on-line, short-term or semester length)
  -- Individual course selections
  -- Vocational & Certificate Programs
  -- Associate Degree Programs (AA/AS)
  -- University Transfer Courses

- **Career & Transfer Center**
  The Career & Transfer Center is your new "homebase" where you can utilize the state-of-the-art computers, software programs, printers, fax and telephone; receive assistance from staff and your assigned Counselor.
  - Weekly workshops to choose from which include topics: Resume writing, Job search, Transfer Basics, Major Exploration, UC/CSU Application Lab, Scholarship Search, and more.

- **Career Counseling**
  -- Individual Appointments
  -- Resume Writing and Review
  -- Interview Coaching & Debriefing

- **Personal & Mental Health Counseling**
  -- Individual or Group Format

- **Join Support Groups and Seminars**
  -- Change Masters Series
  -- Coping with Life Challenges
  -- Mind-over-mood – Success is a State of Mind
  -- Personal Empowerment (Request update and details)

- **Field trips** (transportation provided)
  -- Local 4-Year universities (transfer program & guided tours)

- **Career & Interest Assessments**
  Find potential occupations or careers based on your assessment results:
  - Eureka, Myers-Briggs, Strong Interest Inventory, True Colors, Choices

Eligibility requirements: Participants must be adults.

Note: Participants may also use Individual Training Accounts/Stipends provided by WIA (Workforce Investment Act Title 1 eligibility) to pay for Chabot Classes.

How to apply:

✓ Complete Chabot’s SHIFT Program application
✓ Submit your application to:
  - ValléJean Dale, LMFT
  - Chabot College SHIFT Program Coordinator
  - Counseling Division Offices
  - Building 700, Room 753 Q