Unit Plan Narrative
Unit: Physical Education and Athletics

Division or Area to Which You Report: Health, Nursing, Dental Hygiene, Physical Education and Athletics

Author(s) of this Unit Plan: Ken Grace

Date:

1. **Mission of this Unit:** Physical Education and Athletics provides learning opportunities for intellectual and physical development that will lead to an enhanced sense of physical and psychological well-being.

   a. Physical Education and Athletics offers a wide variety of activity classes, theory coursework, online coursework, hands on practicum in fitness, team sports, aquatics, individual sports, dance, martial arts, coaching and athletic training. All of the coursework within Physical Education is transfereable to the CSUC system and is applicable to a transfer degree in general education.

   b. Prepare students to enter careers in Athletic Training, Physical Education, officiating and athletics while at the same time teaching students the basic skills to improve their fitness and to ensure them a lifetime of health and wellness.

   c. The intercollegiate athletics portion of the unit is a highly visible extension of the college out in the community. Intercollegiate athletics actively recruits full time students from the local high schools in our district. For two years, these scholar athletes will remain full time students, carrying and passing a minimum of 24 units per academic calendar year with a 2.0 or better G.P.A. This academic preparation, combined with athletic training and preparation, is completed so the Chabot student-athletee can compete and transfer to the next level of education and intercollegiate competition.

2. **Description of the Unit:**

   a. In response to our community's needs Chabot College Physical Education/Athletics offered a series of events at the college during the summer and throughout the year. This past year, the unit offered a series of all-comer track meets, high school football passing leagues, high school girls and boys basketball tournaments, clinics in both softball and baseball and swimming lessons for local community kids.

   b. Besides providing top notch instruction in movement and fitness, Physical Education/Athletics is the only unit in the college where faculty are required to go out into the community on a regular basis to retain and actively recruit new full time students.

   c. Faculty, Athletic Director, Share a Dean with other units, Equipment Technician, a Locker room Attendant, an Athletic Trainer and a Secretary.
This unit’s ability to successfully operate is highly dependent upon facilities and equipment. Physical Education/Athletics is a facility and equipment based unit.

3. **Goals and Objectives of the Unit:**

   a. What goals/objectives are you planning to work on and what will you achieve in 2007-08?

   When the athletic facility is completed, and use and control is returned, Physical Education/Athletics will start an aggressive outreach program to the community and our local high school athletic teams.

   Develop an outreach program to increase high school concurrent enrollment in the Chabot Fitness Center. With over 800 regular enrolled students in the center each semester Chabot could target and recruit up to 40 high school students each term and stay within the 5% limit set by the state. In an effort to increase our Latino student population at the college recruitment for the center could be aimed at towards this group.

   Develop a partnership with the local hospitals. As patients are released from therapy they need to continue to develop their physical fitness. Chabot Physical Education is a natural partner to take over when therapy is over.

   In an effort develop learning skills that share common goals, and increase enrollement, we plan to increase the number of courses in physical education that utilize blackboard. By including blackboard into our courses, students will be exposed to the basic use of the internet and will learn how to retrieve information using a standard distance education learning tool.

   Many gyms/multi-purpose rooms sit empty from 6 to 8 PM every night in our local high schools, middle schools and elementary schools. Chabot could offer classes like ballroom dance, pilates, martial arts and badminton in many of these empty facilities. Given that fact that Chabot would not want to pay rental fees, a trade off in facility use could be negotiated. For example, Chabot might use a facility to offer PE classes four nights a week and in return the district’s high school swim team uses Chabot’s pool free of charge. This would allow the use of more off site classes while improving the college’s image and service to the community.

   Purchase an industrial washer and dryer system to clean athletic uniforms and physical education supplies. At the present time Chabot College spends approximately $7000 a year to clean some of it’s athletic uniforms. For a one time cost of approximately $10,000 (or 5 year lease to own) Chabot can own a washer-dryer system that will allow all of the athletic uniforms to cleaned and in addition Physical Education supplies can be cleaned. We currently have the staff available to operate the washer/dryer system.

4. **Relationship of your unit to the 2006-07 Strategic Plan (attached)**

   Reflecting on the information in item #3 and the 2006-07 Strategic Plan, which of the goals/objectives in the attached 2006-07 Strategic Plan is your unit going to address in 2006-07? How do you plan to address these goals/objectives? A copy of the 2006-07 Strategic Plan is attached to this document. Please complete the chart below with this data.

   | STRATEGIC GOAL ADDRESSED | YOUR SUBGOAL | ACTIVITIES TO ACHIEVE THE SUBGOAL | RESPONSIBLE PERSONS | COSTS |
---|---|---|---|---|---|
Goal A3 – Objective A3  
Activity A3-1  
Objective A4 | With the help of Nursing providing a pre/post Physical Assessment in all our fitness classes. | Need team meeting to coordinate duties with PE teachers and Nursing so students can be assessed at the beginning and end of each semester. | Dean & Faculty | None |
<table>
<thead>
<tr>
<th>Activity A4-3</th>
<th>Nursing students will provide service learning.</th>
<th>Goal A – Objective A2 Activity A2 – 1 Bring the community to the campus for events</th>
<th>Increase the number of high school athletics events and clinics held at Chabot.</th>
<th>Return facility use and control of the athletic facilities back to the unit. Under the supervision of the Dean and Athletic Director.</th>
<th>Dean &amp; Athletic Director</th>
<th>None</th>
</tr>
</thead>
</table>
| Goal A – Objective A2 Activity A2 – 2 Increase concurrent enrollment for high school students | Target up to 5% of high school concurrent enrollment in the Chabot Fitness Center. | With over 800 students enrolled in the fitness center Chabot could target high school enrollment in the center for up to 40 high school students each semester. 
If we target Latino families we may increase the percentage of Latino students at Chabot. | Dean and Fitness Center Director | None |
| Goal A – Objective A4 Activity A4-2 | Explore the possibility of forming partnerships with Kaiser and Eden Hospitals | Contact therapists and physicians at both local hospitals when patients are released from therapy have them come to Chabot to continue their physical training. | Dean and faculty in the division. | None |
| Goal D – Objective D1-2 including the use of Blackboard in a number of Physical Education Courses | Students will learn the basics of the internet and how to login to and navigate Blackboard. | Develop learning units in Blackboard that pertain to physical education, health and wellness. 
Handouts and information on relevant topics for each class will be available in blackboard. 
Students will be taught in each course how to login to blackboard. | Each faculty member in the division. | None. |
| Goal A – Activity A2-5 | Explore the possibility of offering PE courses at local schools. | Contact local school administrators to find out what gyms/multi-purpose rooms might be available for use Monday through Thursday evenings. 
Possible trade out in use of facilities as opposed to paying rental fees. 
for example – Chabot uses Mt. Eden’s Gym to teach ball room dance and Mt. Eden uses Chabot’s pool for swim team. | Dean & Athletic Director | None. |
| Goal F | Purchase Industrial | Through the use of Bond Funds | Dean & Athletic | $10,000 |
5. **Written plan for the unit:**
The written plan for the unit replaces the former discipline plan. It is the part of the unit plan where you talk about what you propose to do during the coming year and justify those activities or actions. There are questions and requests for information below to elicit information in this area. If the question/request for information does not pertain to your unit, there is no need to answer it.

Our goal for the upcoming 2007-2008 academic year is to develop an overall plan of action for the new fitness center/strength center that is being constructed.

Another goal for the unit is to bring the local high school athlete, and local high school athletic teams, back onto the Chabot Campus to highlight what the school has to offer. This will be fully achieved when control over the use of the athletic facilities is turned back over to the Athletic Director.

**ACADEMIC UNITS:**

**Attachment C – Success Data for Physical Education & Athletics**

<table>
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<tr>
<th></th>
<th>Fall 2002</th>
<th>Sp 2003</th>
<th>Fall 2003</th>
<th>Spring 2004</th>
<th>Fall 2004</th>
<th>Spring 2005</th>
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<tbody>
<tr>
<td>Success</td>
<td>68%</td>
<td>74%</td>
<td>73%</td>
<td>75%</td>
<td>74%</td>
<td>77%</td>
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<tr>
<td>Non Success</td>
<td>6%</td>
<td>7%</td>
<td>6%</td>
<td>6%</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Withdrawal</td>
<td>26%</td>
<td>19%</td>
<td>21%</td>
<td>19%</td>
<td>23%</td>
<td>21%</td>
</tr>
<tr>
<td>Total Enrolled</td>
<td>5,654</td>
<td>5,260</td>
<td>4,797</td>
<td>4,864</td>
<td>5,248</td>
<td>5,011</td>
</tr>
</tbody>
</table>

**ALL UNITS:**

a. If you have started any Program Review processes, *briefly* describe your progress at this point in time.

b. Describe the progress your unit has made in developing Learning Outcomes and assessing them.

c. What are your costs/FTES or other cost measures, based on the most current Strategic Cost Management reports? Obtain the most recent copy of this report from your Dean/Supervisor.

d. What are your suggestions to save money in your unit?

e. What are your suggestions to acquire new, more and/or extra money for your unit? In this item, include only monies you are planning to obtain from outside of the general fund.

6. **What is your budget request for 2006-07?**
Deans/Supervisors, please attach a copy of the entire budget packet for the unit (copy the whole packet, just as you submitted to Bob Curry’s office). Label this *Attachment D.*

7. **Complete one of the attached Equipment Request forms for each different type of equipment you are requesting for your unit. Attach these requests to this plan.** Label this *Attachment F.*
8. Complete the attached 5640 Equipment to be Placed on Maintenance Contracts chart. Label this Attachment E.

9. If this format does not ask for data you think is important to state in a unit plan, please add it here.

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**Chabot-Las Positas Community College District**  
**Equipment Request**  
**Measure B Bond Program**

__X__ Chabot College  
___ Las Positas College  
____ District Office

**Account Code:**  
__________________________________________________________

To be provided by the District Office

**Division/ Unit:** Physical Education/ Athletics

**Brief Title of Request (Project Name):** Industrial Washer - Dryer System

**Building/ Location:** 2800

**Request Amount (include unit cost, total cost, tax, and shipping):** $10,000

**Description of the specific equipment or materials requested:** 45 lb Industrial Washer/ Extractor  
45 lb Industrial Dryer

**What educational programs or institutional purposes does this equipment support? How does the request relate specifically to the Educational Master Plan?**

**Why is this equipment necessary?**

__X__ Immediate health, safety, or security issues

_____ Increases enrollment

_____ Prevents further deterioration of facilities

_____ Replaces deteriorated equipment or facilities

__X__ Shows cost advantage due to rising prices

_____ Provides visibility for the Bond Program

__X__ Is easily executed, in terms of time and money

**Describe how the above criteria are satisfied:**

What is the consequence of not funding the equipment? We will continue to pay increased costs of athletic laundry service while not providing all of our student athletes with clean uniforms.
What alternative approaches have been considered to meet programmatic demands for this equipment?

How many students will be impacted by the purchase of this equipment? 350 in athletics, 900 to 2,000 in Physical Education.

Do students use this equipment?  _____yes  ___X__ no

Is this equipment a replacement?  _____yes  ___X__ no

**Staffing requirements for new equipment** (number of staff, are they available, training, etc.): Staff is already available.

Will training be required?  _____yes  ___X__ no

At whose cost? None

**What are the estimated ongoing costs** (for maintenance, etc.)? Water, electricity, gas

Are there potential utility costs/ savings? Huge savings we spend $7,000 to clean some athletic uniforms and no physical education supplies. With the purchase of this equipment we can provide all student athletes with clean practice and game uniforms along with the ability to clean towels and other supplies for physical education.

Required signatures:

<table>
<thead>
<tr>
<th>Signature</th>
<th>Date</th>
<th>Extension</th>
</tr>
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<tbody>
<tr>
<td>Requested by:</td>
<td>________________________________</td>
<td></td>
</tr>
<tr>
<td>Dean:</td>
<td>________________________________</td>
<td></td>
</tr>
<tr>
<td>Vice President:</td>
<td>________________________________</td>
<td></td>
</tr>
<tr>
<td>Director of Facilities:</td>
<td>________________________________</td>
<td></td>
</tr>
<tr>
<td>Vice Chancellor:</td>
<td>________________________________</td>
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**Endorsed by the Board of Trustees:**

Date:

Item #: 
## Chabot College

### Equipment to Be Placed on Maintenance Contracts

<table>
<thead>
<tr>
<th>Equipment</th>
<th>Brand</th>
<th>Model</th>
<th>Serial Number</th>
<th>Room</th>
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<tbody>
<tr>
<td>Fittinx</td>
<td></td>
<td></td>
<td></td>
<td>FC</td>
</tr>
</tbody>
</table>
Unit Plan

PROPOSAL FOR NEW AND IMPROVEMENT INITIATIVES

_______________________________________________________________________________

Unit:                      Date:                      

_______________________________________________________________________________

Name of Person Completing Form:

_______________________________________________________________________________

2006-07 Strategic Plan Objectives Addressed:

Activities in Support of the Strategic Plan Objectives being addressed:

Timeline for Implementation:

Persons Responsible for Implementation:

_______________________________________________________________________________

UNIT BUDGET COSTS:

<table>
<thead>
<tr>
<th>BUDGET CATEGORY AND ACCOUNT NUMBER</th>
<th>DESCRIPTION</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel (staffing and benefits for professional experts, reassigned time, classified personnel).*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Supplies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Women’s PE/ Athletic Asst.</td>
<td>Replacement position for Nicola Stock, resigned August ’07.</td>
<td>Range 31 $40,000</td>
</tr>
</tbody>
</table>

Total

*NOTE: In the personnel area you may not request new full-time faculty with this form. You MAY request professional experts, reassigned time, or classified staff with this form.

Dean’s note...
A number of equipment requests for Measure B purchases have already been turned in to the VP of Business for 08-09.