

Psych/Counseling 15 (Ashraf)

Study Skills Assignment

Library Home Page: <http://www.chabotcollege.edu/Library/>

Your name:

Step #1: You are searching for help with study skills, procrastination, test anxiety, or strategies for test taking. How would you search the [Library Catalog](#) to find a book which talks about good study skills?

What words would you type in the catalog to find information on study skills?

List a Book or Audiovisual item (Video or DVD) You Have Found Here *Look at the FULL record and make sure to enter all fields below.*

Title:	Author:
Place of Publication, Publisher & Year:	Call Number:

Click on "Catalog Record". Write down at least two subject terms you may be interested in finding:

Step #2: Find an article about your study skills topic in [EbscoHost Academic Search Elite](#). What other search term might you add to your search to get better results?

Select an article from Ebsco Host and enter the citation information for it here:

Author:	Title of article:
Title of Journal:	Volume, year, and page numbers:

Step #3:

Go to **ONE of these websites** and check out the information.

<http://www.chabotcollege.edu/CHARLIE/>

<http://www.geosoc.org/schools/pass/>

<http://www.howtostudy.org/>

<http://www.ucc.vt.edu/stdysk/stdyhlp.html>

<http://www.arc.sbc.edu/study.html>

<http://www.studyqs.net/>

<http://www.muskingum.edu/~cal/database/>

How do you think the information at that website would help you? (in just a few words)

If you finish early, take a brief look at the other web sites and make a note to yourself which ones you may find useful in improving your study skills.