

Study Conditions Analysis

The purpose of this survey is to analyze the current conditions and distractions in your study environment in order to support you in creating the environment most efficient for study.

List the 3 places where you usually study in the order you use them most.

- A. _____
- B. _____
- C. _____

Check the column that applies to each place. T = true, F = false	A.		B.		C.	
	T	F	T	F	T	F
1. Other people often interrupt me when I study here						
2. Much of what I can see here remind me of things that have nothing to do with studying.						
3. I can often hear the radio, TV or phone when I study here.						
4. I think I take too many breaks when I study here.						
5. I seem to be especially bothered by distractions here.						
6. I usually don't study here at regular times each week.						
7. My breaks tend to be too long when I study here.						
8. I start conversations with people when I study here.						
9. Some things here that have nothing to do with study or schoolwork.						
10. Temperature conditions here are not good for study.						
11. Chair, table & lighting here are not helpful for studying.						
12. I am often distracted by certain people when I study here.						
TOTAL						

List those things that seem to be your greatest distractions.

Are you a person who studies best when alone or in places where you see others studying?

Based on your analysis, what changes will you make to the conditions where you currently study?

Student Activity: Using your **Study Conditions Analysis**, available space and life style, sketch a study environment to support your learning goals.