

Transferring to CSU Fall 2010? See Deadline below....

REGISTRATION for Spring (January)

Spring 2010 Class Schedule is now available online...

PACE Spring Class Schedule is available at www.chabotcollege.edu/PACE (click on Spring PACE Classes) **OR** you can go to the Chabot homepage, click on Register for Classes, then click on Search for Late Start, Weekend, Evening, Distance Ed, & Online Classes", submit the term, check Chabot College and PACE Courses and press Get Classes! This also shows how many spaces are available in a class.

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**SPRING REGISTRATION DATES**

- Nov 9&10** - EOPS, DSPS and VA 272 eligible
- Nov 11** - Continuing
- Nov 23** - New & Returning
- Nov 30** - Concurrent Enrollments

*Do NOT delay your registration for classes or you may miss out....*

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NEED HELP?

Do you know what you want to take in Spring (January)? Do you need a **PACE Counseling** appointment? PACE Counseling appointments are available most Mondays and Thursdays between 1:30-7pm. To schedule an appointment, contact Ginger at griplinger@chabotcollege.edu or 510-723-6699, or Julie at jmachado@chabotcollege.edu or 510-723-6619. Please let us know if you prefer a Mon or Thurs, and approximately what time works best for you. We will check the schedule and assign you the next available appointment. If you do not want to take PACE Classes, contact the main Counseling desk at 510-723-7013.

New requirement: In order to schedule any kind of Counseling appointment at Chabot that includes a review of transcripts, you need to have official copies of all colleges attended (besides Chabot or Las Positas) on file at Chabot prior to scheduling the appt (see below).

NEED OFFICIAL TRANSCRIPTS in order to schedule Counseling appts!

Note: **Students requesting any type of counseling appointment that includes the review of transcripts from other colleges, *must have official transcripts on file at the time they schedule the appointment.*** Students can see if their transcripts have been received by logging into CLASS-Web and going to the Student Records menu, then "Check if High School/College Transcripts Received". Students **MUST** contact their previous colleges (besides Chabot or Las Positas) and ask them to send a copy of your official transcript to Chabot

College, 25555 Hesperian Blvd, Hayward CA 94545. If you have them sent to yourself, do NOT open them, as official transcripts must be in a sealed envelope directly from the institution. Opened transcripts become unofficial and cannot become part of your official record.

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### **TRANSFERRING To CSU in FALL 2010?**

Budget cuts are creating a new world. ***If you are planning to transfer to CSU in Fall 2010, you MUST APPLY during the CSU Fall 2010 Priority Application Filing Period, which is: Oct 1 - Nov 30, 2009.*** To apply, go to [www.CSUMentor.edu](http://www.CSUMentor.edu) and follow the instructions for transfer students (not Freshman).

**The CSUs have clearly stated that the deadline for admissions for Fall 2010 is November 30th, 2009.** This is a new, MUCH EARLIER deadline and the students need to know about it. It is the same deadline for the UCs.

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Related Story:

Record Number of Students Apply on First Day of Application Period

The CSU's message to prospective students to apply early for fall 2010 admission is resonating as a record 25,563 applications were submitted online within the first 24 hours of the priority application period. The number of applications is more than double the number received on opening day last year.

The CSU's application period for first-time freshmen and community college transfers began Oct. 1 and runs through Nov. 30. The CSU is expecting a surge in applications as the state's high rate of unemployment is producing many laid-off workers looking to return to school. That, coupled with the CSU's need to reduce enrollment by 40,000 students over the next two years because of a \$564 million budget cut means more students and fewer slots. Students are being strongly encouraged to apply early to maximize their chances of being accepted at the campus of their choice. They are also being advised to have a back-up plan that includes applying to the campus in their local service area as well as other CSU campuses, local community colleges and other universities.

Twelve of the CSU's 23 campuses are impacted for 2010 freshman admissions—twice as many as last year—and that means these campuses will not receive freshmen applications after Nov. 30 and may require higher admissions criteria for out-of-area students. Impacted campuses include Fullerton, Long Beach, Pomona, San Diego, San Luis Obispo, Sonoma, San Francisco, Chico, Northridge, Fresno, San Marcos and San Jose. There has been an increase in impactions at the transfer level as well. Full information is available at www.calstate.edu/SAS/impactinfo.shtml.

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**DON'T WANT TO WAIT FOR CSU? TRANSFER TO ST. MARY'S!**

***St. Mary's will accept Science instead of Math!!!!***

St Mary's in Moraga is offering a NEW Degree-Completion program designed for working adults starting in January 2010 called a BA in Leadership and Organizational Studies. The format is Online plus one-Saturday-per-month in person on campus. The program begins each January, May and September. Courses are 8 weeks, and Trimesters consist of 2 courses. They offer 24 month accelerated online/hybrid degree completion program offered in a cohort format. Financial Aid is available. Contact: 1-800-538-9999, Louise Goeckel, Admissions and Marketing at [lag4@stmarys-ca.edu](mailto:lag4@stmarys-ca.edu) or (925) 631-8715. Admission requirements include a minimum of 64 transferable semester units and a minimum of three years of leadership experience, either in a paid or volunteer setting (e.g., PTA President). Their next cohort of up to 20 students begins Saturday, January 9th, 2010. Financial Aid, in the form of student loans, is available to students, regardless of income.

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...or TRANSFER to HOLY NAMES UNIVERSITY!

Holy Names offers **BA's in Business (with a concentration in Communication, Management, or Marketing), Liberal Studies (Education), RN to BSN, and Psychology**. Classes are offered in Oakland, near Highway 13, in the Evenings (including Friday night) and Saturday (am and pm). 7 week terms as well as 15 week semesters are available. Some classes meet every other week. 6 terms during the year. Rolling admissions: Students can enroll any time. Application fee waived if student comes to monthly Information Night. Holy Names is WASC accredited. Contact: www.hnu.edu , 3500 Mountain Blvd, Oakland CA 94619-1699, 510-436-1000, Nancy Flinn 510-436-1689 or flinn@hnu.edu or Sandra Brown, Coordinator for Admission Services sbrown@hnu.edu or 510-436-1010.

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**...or Transfer to MILLS COLLEGE!**

Mills College is currently accepting applications for Spring 2010 admission. They are offering EXPEDITED ADMISSION to students who submit an application and/or required credentials at one of our Transfer Visit Programs on the Mills campus or at Mills transfer hours at selected community colleges. See <http://www.mills.edu/>

EXPEDITED ADMISSION benefits include:

No application fee

No writing sample

Quick admission decision

Required credentials, in addition to the application, include:  
Official high school transcripts (and official high school equivalency exam results, if applicable)  
Official college transcripts  
One recommendation

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NEW CSUEB ONLINE BUSINESS MAJOR

Do you need to finish your business degree online? Here is a new program for you. The only AACSB-accredited **Online Business Administration degree completion program** offered by a California university, the BSBA is a two-year online program that offers adults the knowledge and skills necessary to understand the changing global business environment and prepare them for success in their professional careers.

Offered [entirely online](#), the program provides students the flexibility to participate from anywhere around the world. Online courses are supplemented by active online discussion forums and webinars to keep you connected with your peers and instructors.

The program is geared towards:

- Working adults who want to attend an AACSB accredited university to complete their BSBA in a more convenient manner.
- While located in the San Francisco Bay Area, because the program is online, it is available to all in the state and beyond.
- It may be of special interest to students at California community colleges, especially those already taking online courses who want or need to continue their education in an online format.

The BSBA program is structured around a set of core courses enabling students to develop general business perspective and skills. The Finance option prepares students to identify and communicate risks and opportunities in a global business environment and articulate resolutions for practical situations involving financial issues. Visit the [Bachelor of Science in Business Administration \(BSBA\) Online Degree Completion Program](#) home page (<http://www.ce.csueastbay.edu/degree/BSBA/index.shtml>)

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### **CSUEB BUSINESS MAJOR IMPACTED**

California State University, East Bay's undergraduate Business Administration major has been declared impacted beginning with Fall 2010 applicants. This means that the program is very popular, and we have more interested students than spaces available. Because of this declared impactation, students will need to apply to the Business Administration major **and** meet additional requirements.

Here is a brief summary of what students need to do to apply for the Business Administration major. **Please note that meeting the minimum criteria is not a guarantee of admission into the program.** Applicants shall be ranked by grade point average in all college work attempted and will be admitted to the major until the available openings are filled. Available openings shall be dependent upon the total capacity for that quarter.

- Students must apply and be admitted to Cal State East Bay using the Office of Admission's undergraduate application available at CSUMentor. Students should declare "Pre-Business" as their major.
- Students must meet all upper-division transfer admission requirements listed at [www.csueastbay.edu/admission](http://www.csueastbay.edu/admission).
- Students must submit a supplemental Business Administration application form. This form is available at [www.csueastbay.edu/buad](http://www.csueastbay.edu/buad) at the end of September and will only be accepted between October 1-November 30, 2009 for Fall 2010 admission and June 1-June 30, 2010 for Winter 2011 admission.
- Students must meet all supplemental Business Administration GPA requirements, all unit completion requirements, and all lower-division Business core course requirements listed on the fact sheet by the end of Fall 2009 (for Fall 2010 admission) or Winter 2010 (for Winter 2011 admission).

Students who were planning to apply to Cal State East Bay as a Business Administration major who will not meet these new requirements in time for a desired term of enrollment may still apply to the university as a Pre-Business major. Once enrolled at Cal State East Bay, students may take the courses required to prepare for applying to the Business Administration major in a future term. However, admission to Cal State East Bay as a Pre-Business major does **not** guarantee admission into the Business major once the student completes all the requirements. The student must still apply to the Business major and compete with all other applicants for one of the spaces available in the Business program.

If you or your students have any questions, please visit [www.cbe.csueastbay.edu/ssc/index.html](http://www.cbe.csueastbay.edu/ssc/index.html) or contact the College of Business and Economics' Student Service Center at 510.885.3323 for additional information.

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OCTOBER NURSING MEETING CHANGED

The October Nursing Program Information meeting has been **changed to Tuesday October 13th Room 3115 at 12:00 - 1:00**. Meeting changes are noted on the nursing website. The next two meetings will be November 3rd and December 1st. A date for information meeting for LPC has not been set. If you are looking for information about the program please visit our website: www.chabotcollege.edu/nurs

TEAS - Required 67.0% Adjusting Individual Score to qualify for the nursing program.

N87 Online TEAS Preparation Class will be offered in Fall and Spring. See website for details.

Generic Program RN Program Application opens 10/15/2009 - 01/15/2010 for classes that begin in Fall 2010.

Advanced Standing Applications have closed. They will reopen on March 1, 2010.

If you need additional information please contact the program office or the Nancy Cowan, Nursing Program director.

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### **EVENING TRANSFER EVENTS**

Transfer, Employment & Career Services Center (TECS) Room 146, Bldg 100 offers the following Fall 2009 Evening Transfer Events. All meetings are in the TECS Center unless otherwise indicated. Many more daytime events are offered...check them out online at [www.chabotcollege.edu/Counseling/TECS/](http://www.chabotcollege.edu/Counseling/TECS/) .

- Wed Oct 21 5pm Eureka
- Mon Oct 26 7pm UC Personal Statement, Room 1840
- Wed Oct 28 5pm CSU Application Lab
- Wed Nov 11 5pm UC Application Lab
- Thurs Nov 12 5pm CSU Application Lab
- Mon Nov 16 5pm UC Personal Statement Feedback
- Mon Nov 30 10am-7pm Last Minute Application Labs

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Admissions & Records Hours (windows 1 & 2)

between September 14 through October 15.

MTWTh 9am - 2pm & 5pm to 7pm and F 9am to 12pm

Student Online Services in Room 116

open from 2pm to 5pm to assist students with most A&R transactions.

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### **PATH hours**

Mondays, 2:30-8

T,W,Th, 9-8

Saturdays, 10-2.

<http://www.chabotcollege.edu/learningconnection/PATH/>

The **Peer Academic Tutoring Help** or PATH (formerly The Tutorials Center) is a Learning Connection Program at Chabot College. The PATH Center offers small group and one-on-one peer tutoring in a wide variety of subjects. Each appointment is scheduled regularly for 50-minutes. Subjects tutored are based upon demand. The program makes an effort to recruit tutors for high demand subjects. Tutor availability in specific courses is subject to change semester to semester based on demand.

PATH supports the Learning Connection's Peer-Led Team Learning and Learning Assistant programs. The PLTL program allows peer tutors to work directly with instructors to support their students in extra-class workshops. Learning assistants provide in-class learning support for students whose instructors request it. Ask your instructor if they offer any of these programs.

**Room 2351, Building 2300**

**510-723-6920**

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Financial Aid Office, Bldg 100, Rm 110

OFFICE HOURS

Mon and Thurs-9:00am-5:00pm

Tue and Wed- 11:00am-7:00pm

Fri-9:00am-12:00pm

Check out these Scholarships!

UNCF/ Oracle Community Impact Grant due Oct. 6th

CCCSFAAA Scholarship due Oct. 13th

disABLEDperson Inc. Scholarship due Oct. 14th

Hispanic Scholarship Fund College Scholarship due Oct. 15th

* Our Website provides outside links to existing scholarship sites*

<http://www.chabotcollege.edu/finaid/scholarships.asp>

FAFSA Help Nights

— in the Library, Room 119, beginning at 5pm (Last Walk-in at 6:15pm)

Get help completing the 2009-2010 FAFSA

October 7, 14, 21

November 4, 11, 18

December 2, 9

Bring with you:

- 2008 Federal W2s and tax returns (and/or for your spouse/parents)
- FAFSA PIN (students may register at the workshop or request one online at www.pin.ed.gov)
- Valid Social Security Number (spouse/parents if needed) or Resident Alien Card (if legal non-citizen)
- Driver's License

Financial Aid website is: www.chabotcollege.edu/finaid . Check the website for:

- Weekly Announcements
- Financial Aid Information
- Scholarships!
- Financial Aid Events
- Loan Updates
- Chabot Debit Card

Save the Date: Saturday 2/27/10 — 7th Annual Financial Aid Festival!

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### **STRICT CHABOT REPEAT POLICY**

Per the Chabot College Catalog, students are limited to ONE ATTEMPT to repeat a course for the purpose of raising a substandard grade (D, F or NP). Students may not repeat courses in which they received passing grades of A, B, C or P. Very limited exceptions are made to these rules, and due to recent budget cuts this Repeat Policy is being adhered to very strictly. Chabot does not get paid for students repeating classes.

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This is a reminder sent out every semester from Disabled Student Programs and Services.

Your Perfume Could Be Deadly!

To individuals suffering from chemical sensitivities, even brief exposure to perfume, cologne, or other scented products can result in headaches, respiratory distress, disorientation, memory problems, attention deficits, visual disturbances, and debilitating fatigue. These problems can persist for hours or even days after exposure. For some individuals, exposure to perfumes can result in anaphylactic shock - an extreme, life-threatening allergic reaction.

Because there are individuals among the staff and students who have chemical sensitivities, we are asking all students, faculty, and staff to refrain from wearing perfumes, colognes, and other scented products including hair products. (Please be aware, too, that perfumes lingering on previously worn clothing can also cause a reaction in a chemically sensitive person.)

My friend who has debilitating migraines says a whiff of perfume can make her sick for 2 days. We have many among us who also suffer migraines and even the jasmine on campus can be a problem. So please just think before that dab of perfume, cologne, or strawberry shampoo.

We greatly appreciate your assistance in keeping our environment safe and fragrance free.

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### **Got MATH or TEST ANXIETY?**

For students with Math or Test Anxiety, two resources on campus may be of interest.

There is a video called "Math is a Four Letter Word" in the library. This video is helpful for students with Math anxiety.

The Chabot Library also has an excellent video of Chabot Instructor Rob Hughes' Test Anxiety Workshops that used to be offered here on campus. The workshops have been videotaped for posterity, and remain relevant to today's students. The video is available in the Audio Visual Center of the Chabot Library, and it's called "Overcoming Test Anxiety", MV208917 c.3 . Handouts for the video "Overcoming Test Anxiety" are available via Library website. Go to Library website, select "class handouts" and then select "Learning Skills-- Videotape Series & Handout."

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MATH DISABILITY

There is a Learning Disability called Dyscalculia, which is a "Math Disability". Some of the signs are: difficulty understanding math concepts like place value, quantity, positive and negative values, etc; difficulty understanding and doing word problems; difficulty sequencing information or events; difficulty using steps involved in math operation; difficulty using fractions, making change, handling money, and/or keeping numbers lined up; difficulty recognizing patterns when adding, subtracting, multiplying or dividing; and difficulty understanding time concepts (days, weeks, months, seasons, quarters, etc.).

Strategies which can help people with dyscalculia include: using fingers, scratch paper, diagrams or graph paper; drawing or using mnemonics to learn math concepts; working with peers; drawing pictures of word problems; using computers for drill and practice; and using manipulative objects.

Chabot students who suspect they have a learning disability (math or otherwise) are encouraged to enroll in English 116, which uses diagnostic testing to help

determine eligibility for learning disabilities services and to focus on ways to compensate for the disability.

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## **CHABOT FILM FEST!**

Chabot College Film Department's upcoming GladFest, the Gladiator Student Film Festival will happen on Tuesday, November 17th, 9am - 7pm. Information and tickets are available at: <http://www.gladfest.org>

Groups of students who would like to put their filmmaking skills to the test, can be registered as a team in the GladFest 1-Week Filmmaking Frenzy Competition. This event occurs PRIOR to the film festival, during the week of Nov. 3 - 10, with qualified film entries being screened and winners announced during GladFest on Nov. 17th. A Faculty Sponsor can register a student filmmaking team, by going to: <http://www.gladfest.info>

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CHABOT ART EXHIBIT

The students of Art History 50 invite you to Chabot's newest art exhibit: "Picturing Paradise: Cuadros from the Peruvian Women of Pamplona Alta as Visions of Hope."

Opening night is this Thursday from 5 to 7 pm in the Chabot Art Gallery (Room 1002). Enjoy light refreshments while you tour this very special exhibit, previously shown at Princeton University and the College of William and Mary.

Picturing Paradise features one of a kind "cuadros" – embroidered and appliquéd textiles – made by the women of Pamplona Alta, one of many makeshift shantytowns on the outskirts of Lima, Peru. The artists, most of whom are economically impoverished, have employed the cuadro format to express their hopes, dreams, and ambitions. For example, one such artist captions her cuadro by saying:

"My dream is to live in a place where my children can live without worries or fear of violence. In this cuadro you can see there is no smog and pollution like in the city.... My dream is to live together in a quieter, more tranquil place."

The exhibit thus gives voice to marginalized women who have not traditionally been heard. It also serves to remind us of the unique ways art can give all people a voice and, because the hopes and dreams of these artists parallel many of our own, can bridge our cultural differences and foreground our shared humanity.

The exhibit is in both English and Spanish. Cuadros will be for sale to benefit the women of Pamplona Alta.

Opening night: Thursday, October 8th, 5-7 pm

The exhibit runs from October 8th to November 5th.

Gallery Hours:

Mondays and Wednesdays: 11 am – 3 pm

Tuesdays and Thursdays: 11 am – 1 pm; 2:15 pm – 3 pm.

Special note: During gallery hours, students enrolled in Art History 50 will be on hand as “student docents” to answer any questions you, your students, or your guests might have.

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**Resources available for Smoking Cessation:**

If you smoke or chew tobacco and you've decided to quit, 1-800-QUIT-NOW is a free service that can help. When you call, a trained quit coach in your state will work with you to help you quit and avoid the things that tempt you back into the habit.

The California Smokers' Helpline (1-800-NO-BUTTS (1-800-662-8887) is a telephone program that can help you quit smoking. Helpline services are free, funded by the California Department of Health.

The American Lung Association is committed to helping all Americans who want to break their addiction to nicotine. The American Lung Association is proud to offer Freedom From Smoking®, the gold standard in smoking cessation programs. This program is available in many formats including a group clinic held in communities across the nation, a self-help manual and an Internet-based program ([www.ffsonline.org](http://www.ffsonline.org)). The Lung Association also offers free cessation counseling through our Lung HelpLine at 1-800-LUNG-USA.

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**MENTORING IN MEDICINE - CA CHAPTER
INVITES MIDDLE SCHOOL, HIGH SCHOOL,
COLLEGE, & HEALTH PROFESSION STUDENTS AND RESIDENTS TO
"TOWARD A CAREER IN HEALTH"**

MIM ANNUAL CONFERENCE

Saturday, October 31st, 2009

9:30am-2:00pm

Register TODAY at

<http://sites.google.com/site/mimconference09/>

FREE Registration and Lunch will be provided!

Samuel Merritt University

Bechtel Auditorium

400 Hawthorne Ave

Oakland, CA 94609

WORKSHOPS

"The Road to Health Profession Schools: applying, strategies, options, and more"

(For College Students)

"Networking and Interviewing Skills II"

(For College Students)

"Preparing your child for a career in health"

(For Parents and/or Middle School Students)

"Health Career Professional Panel"

(For High School and College Students)

"Navigating your Career" Focus Group

(For Health Profession Students & Residents -- Medical Students, Nursing & PA students, etc.,)

AND MUCH MORE!

Join us in the Networking Session with Health Professionals!

Participate in our Costume Contest!

Health Profession Schools and Health Pipeline Program Exhibits!

FOR MORE INFORMATION AND REGISTRATION VISIT US AT

<http://sites.google.com/site/mimconference09/>

QUESTIONS?

Please contact Nelly Gonzalez, Program Coordinator at

mentoringinmedicine@gmail.com

or 510-355-8127

Mentoring In Medicine, Inc. (MIM) mission is to reduce disparities in the healthcare workforce and health outcomes in ethnic, socioeconomically disadvantaged populations through education, mentorship, and leadership development. MIM utilizes email to communicate with you through newsletters, and also for your benefit we forward upcoming program events, job listings, scholarship opportunities, etc. Please set your email account to accept messages from the MIM Administrative Assistant's email account (mentoringinmedicine@gmail.com) so these important messages will not be sent to your SPAM. If you would no longer like to receive email messages from MIM please respond to this email with "REMOVE FROM LISTSERV" in the subject box.

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The above info is taken from Chabot email sources and offered as a convenience for PACE students. If you would like to be removed from this email list, please let me know.

Julie Machado  
PACE Counselor

*PACE: Degree & Transfer Program for Working Adults*

Chabot College

Counseling Center Rm 158

510-723-6619

"The beautiful thing about learning is that no one can take it away from you." --

B.B. King